



# Little Hiccups Holiday Information Pack in conjunction with The Principle Trust



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Registered Charity No: 1170147 Company Limited by Guarantee No: 9692276

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## Welcome

### Little Hiccups

Little Hiccups is a Leeds based support group that has been set up by parents who have children with additional needs or disabilities. Through personal experience they recognise the importance of allowing the parents and families of a child with a disability the opportunity to meet people in similar situations, to make friends and support each other.

Little Hiccups recognise that if you have a child that has complex needs that it is not always easy to get that much needed short break with your family as there are so many other things to take into consideration.

Families of disabled children are more likely to experience family breakup. But short breaks can help reduce family stress and prevent families from reaching crisis point. It's about enhancing emotional wellbeing, building resilience, and improving life chances. With short breaks, disabled children and their families are doing things that they never before thought possible.

**Little Hiccups**  
**Registered Charity Number: 1170147**  
**% 170 Barrowby Lane, Garforth, Leeds, LS25 1NG**  
[www.littlehiccups.co.uk](http://www.littlehiccups.co.uk)

### The Principle Trust

Based in Skipton, North Yorkshire The Principle Trust Children's Charity aim is to help improve the quality of life of children from across Yorkshire who are underprivileged, disadvantaged, or disabled through the provision of free holidays and respite breaks.

We help children suffering from difficulties such as long-term, life threatening or limiting illnesses, disabilities, mental health issues, or overcrowded inadequate housing.

Since The Principle Trust Children's Charity was founded in 2011, we have helped in excess of 2,600 underprivileged and disadvantaged children. 280+ disabled children and their families enjoy some much-needed respite across our holiday homes.

**The Principle Trust Children's Charity**  
**Registered Charity Number: 1141546**  
**Millennium Rd, Skipton BD23 2TZ**  
[www.theprincipletrust.co.uk](http://www.theprincipletrust.co.uk)

## How It Works

At The Principle Trust, they strive to make a positive and meaningful difference to children who could have life limiting conditions, complex and difficult disabilities, live in poverty, or have experienced trauma or abuse. The Principle Trust's respite breaks give the opportunity for children just to be children and to simply enjoy their time away with their family.

As a charity supporting underprivileged children The Principle Trust works closely with local authorities, children's social services, children's centres, schools, and other charities to ensure that children and their families or carers, who are most in need, benefit from the holidays and respite breaks we have to offer. For families living with a serious childhood illness, or disabilities time together making memories that last is everything.

Little Hiccups is one of their referring partners. Our role is to ensure the eligibility of the families that apply to attend.

**Please Note - We require simple feedback via an online form after the holiday so we can develop our holiday offering in the future and stats will be used confidentially to assist with applying for grants to fund the holidays. The Free holidays are granted on the basis we will receive Data Feedback. This will be sent to each family before and after the break and these must be completed.**

## Little Hiccups Criteria for Eligibility

- Families must be registered and current Little Hiccups families and at the time of applying be on at least 5 Family Fun Day events and/or Stay n' Play sessions.
- The registered Little Hiccups children must be aged between 0-16
- Only families that have not yet received a free holiday via Little Hiccups or The Principle Trust may apply. However, if you feel that your circumstances may have changed drastically since your last visit, get in touch with us on [info@littlehiccups.co.uk](mailto:info@littlehiccups.co.uk) to discuss.

**Please note: Both accommodations sleep five guests.**

## Process of Application

Process
Application Forms released
Deadline for return of forms
Successful applicants informed
Deposit deadline
Holiday dates

## About the Venues and lodges

### Whitecross Bay

#### The Venue



Principle Trust's most recent, and final lodge is found on the banks of Lake Windermere at White Cross Bay Holiday Park. This lodge has also been carefully adapted to meet and support the needs of disabled children.

Nestled on the banks of Lake Windermere, Parkdeans' White Cross Bay resort boasts stunning scenery and relaxation, with all the activities and facilities you could possibly need. Such as a heated indoor swimming pool with spa bath, sauna, steam room, gymnasium, and children's play area.

White Cross Bay is ideally situated for outdoor family adventures as well as more gentle leisure pursuits in the Lake District. A plethora of local attractions can be found nearby like the ever-popular Beatrix Potter World in nearby Bowness-on-Windermere.

In 2020 we celebrated the opening of The Principle Trust lodge at White Cross Bay. The lodge has been completely renovated and refurbished, so that the needs of the disabled children that visit here are met.

The lodge is sited on the beautiful Lake District in Windermere on the edge of the lake itself. It has a large private patio area. You can also use the pool and all facilities on the White Cross Bay Holiday Park where it is situated (On-site charges may apply). Please note this holiday home is equipped with a mobile hoist and single profiling bed for any disabled guests.

## The Lodge



<b>Maximum Number of people</b>	5 Guests 3 bedrooms · 4 beds · 1 bathroom
<b>Sleeping Arrangements</b>	Bedroom 1 – 1 Double bed Bedroom 2 – 2 single beds Bedroom 3 – 1 single bed
<b>General Amenities</b>	Towels – bed sheets – soap and toilet paper – Iron – Indoor Fireplace – Heating – Wifi – TV – Free parking on premises – Dishes and silverware – Kitchen High Chairs and Travel Cots available on request
<b>Disabled Access</b>	Mobile hoist and single profiling bed Ramp at entrance
<b>Pets</b>	Only sight/hearing dogs allowed
<b>Other Information</b>	Check out time 10am No smoking

## Frequently Asked Questions

### Is this holiday really free?

Yes! The Principle Trust just asks that you complete a survey before and after the holiday as this is used to help them prove that the holidays improve lives, relationships, and give that much needed happiness to some families. The comments and results on these feedback sheets are what helps us apply for grants as the results show what they are doing is working

for the children and their families. They play such a vitally important part in securing funding and allowing them to provide the holidays.

You can complete it here: <https://s.surveypal.com/aDa80nNnN>

### **Why do I need to pay a £50 deposit?**

Little Hiccups asks for this liability to ensure coverages for any breakages or theft of items, etc. We understand that accidents happen and sometimes things get broken etc, however any wilful damage or additional cleaning or external repairs may be necessary as a result of family actions and this is what the deposit will cover. On confirmation from the park, the deposit will be refunded.

Please report any urgent issues to the Park reception team and any damages to The Principle Trust on 01756 704782 as soon as possible.

### **What happens if I need to cancel?**

Let us know as soon as possible! It may be that we can get somebody else in but this will be more likely the more notice that you give us.

To cancel, please contact The Principle Trust on 01756 704782 and email [info@littlehiccups.co.uk](mailto:info@littlehiccups.co.uk) as soon as possible.

Your deposit will be refunded in any case.

It will be reviewed on a case by case basis as to whether you will be offered another holiday slot or whether you may need to reapply. These will depend on the circumstances of the cancellation and the amount of notification given. Consideration will be given for serious illness, hospital stays, Covid-related incidents and other serious unavoidable events. Please contact Little Hiccups to discuss on [info@littlehiccups.co.uk](mailto:info@littlehiccups.co.uk)

### **What happens if we need to leave during the holiday for an emergency?**

Again, we know that these things happen. Please just let us know as soon as possible again using the details above. Please try to ensure that the lodges are secure and the key returned to the park reception team.

### **Is there anybody on site to support us if needed?**

Yes – all sites have an office which are open during office hours and you will be given a 24/7 mobile number for Principle Trust.

There is an instruction manual in the lodge for the hoists.

## **Terms and Conditions**

### **Little Hiccups Terms and Conditions**

- Our goal is to support Little Hiccups families. We are only accepting applications from families that have been to at least 5 Family Fun Days and/or Stay n Play sessions. Before going to panel review a page by the administrator with sessions

attended. **This will be taken into consideration in the decision making process but will be by no means the over ruling factor.**

- Applications going onto the panel will be anonymous. The first page with contact details on will be removed as will any other identifying features No names should be mentioned during the application process other than on the initial page.
- Late application forms cannot be accepted
- Only fully completed and signed application forms can be accepted
- Children remain the responsibility of parents/carers at all times
- The Principle Trust will pay for accomodation. Families however, are responsible for their own transport, organising their own events, and for providing their own food and drink.
- Little Hiccups ask that successful applicants pay a £50 deposit via Paypal to cover any breakages that may occur. Please take care of the properties. You are responsible for any breakages or damages which you cause to the accommodation or its contents. Please report these as soon as they occur. They do not normally charge for minor breakages, but may send you an invoice for repair or making good if the damage or breakage is significant, and we may make an additional charge.
- The full deposit will be returned after your stay if Little Hiccups are not invoiced for any damage occured during your stay.

## **Principle Trust Terms and Conditions**

- Please Note - We require simple feedback via an online form after the holiday so we can develop our holiday offering in the future and stats will be used confidentially to assist with applying for grants to fund the holidays. The Free holidays are granted on the basis we will receive Data Feedback. This will be sent to each family before and after the break and these must be completed.
- The holidays provided by The Principle Trust are for the benefit of children up to 16 years old.
- The log cabins at White Cross Bay up to a maximum of 5 guests ONLY.
- Adult only holidays are not permitted nor should the number of adults exceed the number of children.
- No more than 3 children should be under the care of 1 adult during the holiday unless previously agreed.
- Parents and carers are responsible for the safety and welfare of all guests whilst on a holiday provided by The Principle Trust Children's Charity. The lead person has overall responsibility.
- No additional guests will be accommodated at any point in the break. The names and numbers of guests on arrival and throughout the holiday must correspond with the booking and confirmation form. Any family or group will be asked to leave within 1 hour if they don't abide by these rules.
- The Principle Trust Children's Charity accepts no liability for any injury or illness during the agreed holiday period.
- All guests must follow all Park rules and instructions from Park staff on the holiday site and failure to do so will result in being excluded from the site. Anti social behaviour, foul language or noise will not be tolerated.
- The Park and The Principle Trust reserve the right to remove guests from the holiday site should disruption or complaints be reported to them.
- Guests are responsible for their own costs (including travel and food) whilst on the holiday, with accommodation and activity passes provided through The Principle



Trust Children's Charity. Any additional items which may be requested are at the family's cost.

- Under No Circumstances are any pets allowed in the Holiday Homes unless they are a Seeing or Hearing Dog.
- Will all holiday makers and children please abide by the Notice Shown inside the Holiday Homes regarding basic standards of Do's and Don'ts.
- The Parks are under instructions to contact the Charity if specific requests for items which will add a cost be requested by a holidaymaker. These will not be granted unless the Charity authorises them in advance.
- We do ask that all people on a Free Holiday take responsibility for and respect all items in the Home whilst you are our guests.
- A Full Inventory and equipment check will take place at the end of each holiday and we would naturally discuss with the referring partner any discrepancies, damage, items missing.
- We understand that accidents happen and sometimes things get broken etc, however any wilful damage or additional cleaning or external repairs be necessary as a result of family actions, the cost would be discussed with the referring partner should it be necessary.
- The Principle Trust Children's Charity reserve the right to charge any extra thorough cleaning of the holiday home which is considered to be needed to return the holiday home to the state it was in prior to the family's holiday. Again this will be discussed with the referring partners as above.

## **Holiday Parks Terms and Conditions**

- Our holiday homes are located on Holiday Parks which have specific rules and regulations. It is essential that all people who attend the Holiday Homes make themselves aware of the Park Rules and Regulations. Anyone found breaking the Park Rules could be asked to leave. The Charity is governed by the Park Rules whilst people are on site and we must comply. Any antisocial behaviour, foul or abusive language, excessive noise, alcohol abuse, disruptive behaviour, or complaints from other holiday makers, will result in people being asked to leave the site.
- Guests are responsible for their own travel costs to and from the holiday park, and for their own food. Any additional requirements by the family are at their own cost.
- We do ask that all people on a Free Holiday take responsibility for and respect all items in the Home whilst you are our guests.
- A Full Inventory and equipment check will take place at the end of each holiday and we would naturally discuss with the referring partner any discrepancies, damage, items missing.
- We understand that accidents happen and sometimes things get broken etc, however any wilful damage or additional cleaning or external repairs be necessary as a result of family actions, the cost would be discussed with the referring partner should it be necessary.
- Please can you ensure you abide by our rules whilst staying in our holiday home.
  - Take off your shoes on entry to keep the carpets and floors clean
  - No Smoking in the holiday homes
  - Do not bounce on the sofas or beds
  - No pets allowed under any circumstances
  - Report any urgent issues to the park reception team and any non-urgent issues to The Principle Trust Charity on 01756 704782.

- When leaving our holiday home could you please:
  - Wipe over all surfaces in the kitchen and dining areas
  - Take all rubbish to the local bin point
  - Wipe out the oven, fridge, and microwave
  - Sweep / Vacuum floors throughout
  - Do not leave food in the fridge / freezer
  - Check that you have taken all your belongings
  - Ensure the windows are closed
  - Return the keys to reception and report any damages to The Principle Trust on 01756 704782
  - We have other families that are arriving, so we ask that the holiday homes are left in the same condition you found them. Our contracted cleaners will report any homes that have not been left in a good condition.

### **Additional Points**

- Should a family want to Volunteer their services to The Principle Trust Charity to help us fundraise in the future then please email [fundraising@theprincipletrust.co.uk](mailto:fundraising@theprincipletrust.co.uk)
- Should a family or organisation want to donate towards the cost of the holiday then we would gratefully accept it. Donations can be made as a bank transfer to HSBC Sort Code 40-42-06 – Bank Account 51592653 and please use name as reference.
- Please would the referring Partner, or the Family/Carer who cannot attend the holiday for any reason notify us as soon as possible on 01756 704782.