

# Little Hiccups Secretary Report

*Reporting Period: July 2024 – July 2025*

## 1. Introduction

This year has been one of growth, innovation, and heartfelt connection for Little Hiccups. As a Leeds-based, parent-led charity, we continue to support families with children who have disabilities or additional needs. Our mission remains clear: no family should feel isolated.

## 2. Key Achievements

- Membership grew to 1,354 families, up from 1,049 in 2024.
- Relaunched Accessible Yoga with a focus on parent/carer wellbeing.
- Piloting Theatre Dance Group during summer holidays.
- Expanded educational courses with daytime and evening options.
- Shortlisted for the National Diversity Awards 2025.
- Continued success of Compassion Packs and Mosaic Trail.

## 3. Events & Engagement

Over 100 events were delivered, including:

- Stay n Play sessions revamped with monthly themes and sensory activities.
- Family Fun Days such as Eid Party, Superhero Day, and Summer Picnic.



- Parent/Carer Events including Wild in the Woods, Quiz Night, and Chill Nights.
- New Relaxed Family Sessions at Bianco and Caballero Lounge.

#### **4. New Initiatives**

- Bianco and Caballero Relaxed Family Sessions.
- Proactive outreach strategy with translation support.
- Graduation Packs introduced for families with children approaching 18.
- Increased sibling and 16-18 support.

#### **5. Performance & Impact**

- Membership: 1,354 families.
- Facebook followers: 2,655.
- Mailing list subscribers: 1,152.
- Case Study Highlight: Matilda's Story – a beautiful example of inclusive planning and joy.

#### **6. Challenges & Resilience**

- Managed 9 health & safety incidents.
- Handled 1 data breach and 2 safeguarding concerns with transparency.
- Resolved website hack with improved cybersecurity measures.

#### **7. Looking Ahead**

- Secure a large corporate sponsor.
- Win the Diversity Award!
- Expand PR and ethical direction.



- Continue growing educational offerings and wellbeing support.

## 8. Gratitude

A heartfelt thank you to our volunteers, funders, families, and partners. Special thanks to our Trustees and team for their unwavering dedication and passion.

Miriam Watson-Pratt  
Secretary

