

SOCIAL STORY: MUSICAL THEATRE WORKSHOPS



At Little Hiccups, we follow the lead of the children. Our workshops are relaxed, and there is never any pressure to join in—children are welcome to dip in and out of activities as they feel comfortable. While the hall has fluorescent lighting, we keep the environment calm with no sudden loud noises. We fully support the use of noise-cancelling headphones or any other sensory tools that help our families feel at ease and ready to have fun.



Arriving at Brigshaw High School

Today, our workshop is at Brigshaw High School. When I arrive, I will see the main entrance. There is plenty of space for us to park our car. The building is big, but I don't need to worry because the Little Hiccups team will be there to show me exactly where to go. I will look for the friendly faces and the signs at the door.



Entering the School

When I arrive at Brigshaw High School, I will walk through the main entrance doors. This is where I start my day! The entrance is bright and easy to find. If I feel a bit nervous about the big building, I can look for the Little Hiccups signs or a staff member in their uniform. They will be waiting there with a big smile to welcome me inside.



The Main Hall

Once I am inside, I will find the Main Hall. It is right next to the entrance, so I don't have far to walk. I will see the chairs set out in a circle and a big screen at the front. There is lots of open space for me to dance and move around safely. It is a big, bright room with plenty of room for everyone to join in and have fun!



Finding the Toilets

The toilets are very close to the Main Hall on the same floor. I don't need to go up any stairs. There are 'normal' toilets and a larger disabled toilet if I need more space or a quiet place to wash my hands. If I need to use the toilet, I can just ask a staff member or my grown-up to show me the way.



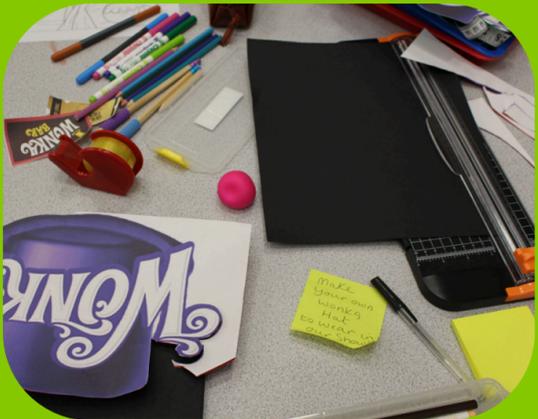
A Space for Everyone

Brigshaw High School has a special room with extra equipment. If I need it, there is a changing bed and a hoist to help me stay comfortable. It is a private and safe space on the ground floor. Having this room means that everyone can enjoy the workshop together, and we have everything we need right here.



Welcome to our Workshop

When I arrive at the workshop, I will see the friendly staff from Little Hiccups who will be wearing black tops with the Little Hiccups logo. The workshop is a safe place to sing, dance, and be creative. I can arrive between 10.15am and 10.40am.



Finding My Way

On my way in, a staff member will show me where the toilets are and where I can put my coat. There will be an interactive table and a craft table. I can explore these and make something special to wear or take home.



Circle Time

At 10.45am, we all sit together in a circle. This is when we find out what our theme is for the day. We might watch a short video on a big screen and learn some Makaton signs for the special words we are using.



Moving and Dancing

At 11.00am, we move to the dance space. We will do a themed warm-up to get our bodies ready. We will learn some choreography (dance moves) and practice acting out our story. It is okay if I need to move in my own way.



Break Time

At 11.30am, we have a break for 20 minutes. I can have a snack and a drink. A visual timer will show me how much break time is left.

If I want a quiet space, I can go to the Quiet Room.

If I want some fresh air, I can go to the secure outdoor area.



Rejoining the Group

At 11.55am, a staff member will invite us to come back together in the circle. This is our time to find out what happens in the second half of the workshop. We might learn a new song or rehearse the moves we have already practised. We will work together to create a special ending for our story.



Our Celebration

From 12.15pm to 12.30pm, it is time to celebrate! We will host a mini 'show' to share what we have created with our friends and the Little Hiccups staff. After the show, there is a mini presentation where I will receive my workshop certificate. If I want to, I can share my feedback about how much I enjoyed the day.



10.15am to 10.40am

Arriving at Brigshaw High School and get ready



10.45am

Circle Time and find out what we are doing for the day



11.00am

Moving and Dancing



11.30am

Break Time for 20 minutes



11.55am

Rejoining the Group for part 2 for more movement and dancing



12.15pm to 12.30pm

Celebrate!
Host a mini 'show' and receive certificate



12.30pm

Time to go home for a well-earned break